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EUROTHREADS POST CARE INSTRUCTIONS

Congratulations on your EuroThreads treatment. Enclosed are your post treatment instructions and what can be expected. To ensure optimal treatment results, it is important that you read this information carefully and completely. Please notify our office immediately if you are experiencing any adverse effects, allergic reactions or abnormalities from the treatment(s) performed.

- It may take a minimum of two weeks for treatment results to become noticeable.
- Minor bruising, pain and swelling is normal and to be expected. Pain may last up to a week post treatment.
- Asymmetry and irregularity of tissues treated is common post treatment and usually resolves itself.
- Avoid exercise for 24 hours after treatment.
- Avoid excessive chewing and hard foods for 3 days post treatment. Do not drink through a straw.
- Avoid animated facial expressions for a week post treatment.
- To avoid additional swelling, sleep with head elevated for 2-3 days post treatment. Avoid massaging treatment area(s) excessively.
- Avoid washing your face aggressively for 12 hours following treatment.
- Avoid wearing makeup or applying facial creams for 48 hours following treatment.

Contact Modern Dermatology at 203-635-0770 if you experience increased redness, swelling or pain at the injection site, fevers, or if one or more threads begins to extrude. If you have additional questions or concerns regarding your treatment, please call the office.